

ACCESSING THE MAGIC WITHIN YOU  
May 22, 2023

DICTIONARY DEFINITIONS OF MAGIC

mag·ic

**NOUN:**

The power of apparently influencing the course of events by using mysterious or supernatural forces.

*"suddenly, as if by magic, the doors start to open"*

**ADJECTIVE:**

1. Used in magic or working by magic; having or apparently having supernatural powers. *"a magic wand"*

2. Informal British:wonderful; exciting. *"what a magic moment"*

**VERB:**

Move, change, or create by or as if by magic.

*"he must have been magicked out of the car at the precise second it exploded"*

People also ask....  
*What does being magic mean?*

If you refer to a person's magic, you mean a special talent or ability that they have, which you admire or consider very impressive.

## OUR PERSONAL SPIRITUAL MAGIC

Our unique ways of connecting to the spirit of life-force energy, through intuition, spiritual awareness, energetic intelligence, sensory and physical abilities, and artistic expression. Ways that see us TAP IN to the magic and spirit of the universe.

## OUR GROUNDED MAGIC

Our unique developed human qualities that help connect others to more of who they are (and their own connection).

Just a few examples of this:

- Kindness
- Wisdom
- Listening
- Compassion
- Humor
- Mental Brilliance

## ACCESSING OUR MAGIC REQUIRES AWARENESS OF BOTH THE HUMAN AND DIVINE

Allowing ourselves to connect to the spirit of life in ways that work for us - intuition, nature/animal communication, artistic expression etc.

In tandem with Grounded Awareness of WHO WE ARE as humans to be the clearest and most receptive vessel for that, and to heal and release anything in the way of that connection.

## JOURNAL PROMPTS

Using the space below or on your own paper, take a moment to consider the following questions. Feel free to return to these prompts when you need to access the magic within you.

*What are some ways you tap into spiritual magic?* Think of times, activities and experiences where you feel most tapped in.

*What are some ways you display human magic?* Think of qualities others compliment or enjoy in you.

*What does your soul want to tell you about your magic.* Just write what you are hearing, without over thinking or judging it.

## KEY NOTES

*You are all unique - and you should be!*

*Your spirit and magic are who you were meant to be.*

*Healing is magic - it reconnects you to your magic.*

*When you wake up your magic, you not only heal yourself,  
you also become an ambassador of magic for others on the planet.*

*You and spirit are a team.*

*You and your magic are a team.*

*It's time to remember your magic.*

*It will be good, not just for you, but also for all who come into contact with you.*

*You are all needed and now is your time for all of you to  
**REMEMBER YOUR MAGIC!***